Self-Concept of Male-To Female Gender Dysphorics

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Abstract

Background and Objectives: The purpose of the present study was to compare the masculine and feminine traits of genetic males and male-to-female gender dysphorics.

Method: The Adjective Check List (UACL), developed (Ansari, 1982) was used as an instrument to collect the required data. This checklist contains both masculine and feminine adjectives, expressing those qualities that seem to be more or less essential for unfolding masculine and feminine traits. A review of recent literature was undertaken in order to summarize some of the probable effects of gender dysphoria on self-concept of male-to-female gender dysphorics. A precise inference was made by obtaining participants rating each adjective on 5-point scale and subsequently by determining a mean value of each item of the UACL. Sample: Information was gathered from 100 male-to-female gender dysphorics and 100 genetic males from nine major cities of Khyber Pakhtoonkhaw province. Criterion for selection of the research sample was the prevalence of gender dysphoria.

Result: The mean differences between genetic male and Male-to-female gender dysphorics on the score of UACL were highly significant. Male-to-female gender dysphorics group shows higher mean on the score of UACL four sub-scales measuring feminine traits as compared to genetic males.

Conclusion: In our culture the self concept of Male-to-female gender dysphorics is greatly affected by the strong social and religious pressures that give them a high sense of inferiority thus lowering their self concept and in the long run, the discussion that these gender dysphorics have fear and confusion overrides their positive stance about themselves.

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